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Email: alislam24@gmail.com
Website: alislam24.weebly.com

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STORIES

OF

INSPIRATION

BAD TEMPER

There once was a little boy who had a bad temper.

His Father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day the boy had driven 37 nails into the fence.

Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.

The days passed and the young boy was finally able to tell his father that all the nails were gone.

The father took his son by the hand and led him to the fence. He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same.

When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there.

"A verbal wound is as bad as a physical one."

-END-

PUT THE GLASS DOWN

A professor began his class by holding up a glass with some water in it. He held it up for all to see and asked the students, 'How much do you think this glass weighs?'

'50 gms!'.... '100 gms!'..... '125 gms' the students answered.

'I really don't know unless I weigh it,' said the professor, 'but, my question is: What would happen if I held it up like this for a few minutes?'

'Nothing' the students said.

'Ok! What would happen if I held it up like this for an hour?' the professor asked.

'Your arm would begin to ache', said one of the students.

‘You’re right, now what would happen if I held it for a day?’

‘Your arm could go numb, you might have severe muscle stress and paralysis and have to go to hospital for sure!’ ventured another student; and all the students laughed.

‘Very good. But during all this, did the weight of the glass change?’ asked the professor.

‘No’

‘Then what caused the arm ache and the muscle stress?’ The students were puzzled.

‘Put the glass down!’ said one of the students.

‘Exactly!’ said the professor. ‘Life’s problems are something like this. Hold it for a few minutes in your head and they seem okay. Think of them for a long time and they begin to ache. Hold it even longer and they begin to paralyze you. You will not be able to do

anything’.

‘It’s important to think of the challenges (problems) in your life, but EVEN MORE IMPORTANT is to have trust in Allah (swt) and to ‘put them down’ at the end of every day before you go to sleep. That way, you are not stressed, you wake up every day fresh and strong and can handle any issue, any challenge that comes your way!’

So, as it becomes time for you to leave office today, Remember friend to ‘PUT THE GLASS DOWN TODAY’ and have tranquility by putting trust in Almighty Allah (swt).

-END-

A POND OF MILK

Once there was a king who told some of his workers to dig a pond. Once the pond was dug, the king made an announcement to his people saying that one person from each household has to bring a glass of milk during the night and pour it into the pond. So, the pond should be full of milk by the morning. After receiving the order, everyone went home. One man prepared to take the milk during the night. He thought that since everyone will bring milk, he could just hide a glass of water and pour inside the pond. Because it will be dark at night, no one will notice. So he quickly went and poured the water in the pond and came back. In the morning, the king came to visit the pond and to his surprise the pond was only filled with water! What has happened is that everyone was thinking like the other man that "I don't have to put the milk, someone else will do it."

-END-

Al-Islam 24's

Blogs & Bloggers

If you want a Tumblr blog linked to Al-Islam 24's Facebook and Twitter accounts, email alislam24@gmail.com for the application form! The articles you publish on your blog will also be published in our Web Magazines

RAMADAAN

BY: NAFISA KADER

How Most Caring & Loving our Allah Subhana Ta'ala is. He knows we're weak, more inclined to sinning & always forgetting our purpose in life. So He's given us this blessed month -to come back to Him & to clean our hearts from Āl l the dirt & muck. Its an opportunity to bring our hearts back to life, to feed our souls so that our worship will have more sweetness & meaning & we can reconnect with Allāh subhana Ta'ala again.

TAHAJJUD SALAAH

BY: NAFISA KADER

Benefits of Reading Tahajjud Salaah :

- It is a means of becoming “close” to Allah Subhanahu Wa Ta'ala
- It is a deterrent for you in committing sins
- It is a means of wiping out a persons sins
- It helps to remove the illnesses of the physical body

The best prayer after the Fard (obligatory) prayers is Tahajjud. It can be prayed from after the Isha prayer up until just before Fajr begins.

It is such a serene timeEverything is silent...Everything is still....It's so peaceful...It's a time exclusive for you & your Allah! Subhanallah!

MODERN HIJAAB POEM

BY: NAFISA KADER

What do you see when you look at me
Do you see someone limited, or someone free
All some people can do is just look and stare
Simply because they can't see my hair

Others think I am controlled and uneducated
They think that I am limited and un-liberated
They are so thankful that they are not me
Because they would like to remain 'free'

Well free isn't exactly the word I would've used
Describing women who are cheated on and abused
They think that I do not have opinions or voice
They think that being hooded isn't my choice

They think that the hood makes me look caged
That my husband or dad are totally outraged
All they can do is look at me in fear

And in my eye there is a tear

Not because I have been stared at or made fun of
But because people are ignoring the One up above
On the day of judgment they will be the fools
Because they were too ashamed to play by their own rules

Maybe the guys won't think I am a cutie
But at least I am filled with more inner beauty
See I have declined from being a guy's toy
Because I won't let myself be controlled by a boy

Real men are able to appreciate my mind
And aren't busy looking at my behind
Hooded girls are the ones really helping the Muslim cause
The role that we play definitely deserves applause

I will be recognized because I am smart and bright
And because some people are inspired by my sight
The smart ones are attracted by my tranquillity

In the back of their mind they wish they were me

We have the strength to do what we think is right

Even if it means putting up a life long fight

You see we are not controlled by a mini skirt and tight shirt

We are given only respect, and never treated like dirt

So you see, we are the ones that are free and liberated

We are not the ones that are sexually terrorized and violated

We are the ones that are free and pure

We're free of STD's that have no cure

So when people ask you how you feel about the hood

Just sum it up by saying, 'Baby its all good! '**

Hijab! What a blessed gift...

- This poem was found in Radio Islam's library

[Nafisaonalislam24.tumblr.com]

Duas & Supplications



1ST ASHRA (DUA FOR 1ST 10 DAYS)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

"YA-HAYYU YA-QAYYUMU BIRAHMATIKA ASTAGEES"

2ND ASHRA (DUA FOR 2ND 10 DAYS)

أَسْتَغْفِرُ اللّٰهَ رَبِّيْ مِنْ كُلِّ زَنْبٍ وَأَتُوبُ إِلَيْهِ

ASTAGFIRULLAHA RAB-BI MIN KULLI ZAMBIYON WA-ATOOBUILAIYH

3RD ASHRA (DUA FOR 3RD 10 DAYS)

اللّٰهُمَّ أَجِرْنِيْ مِنَ النَّارِ

"ALLAHUMMA AJIRNI MINAN NAAR"

Dua's from the Qur'an

رَبَّنَا ءَاتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ ﴿٢٠١﴾

Our Lord! Grant us good in this world and good in the life to come and keep us safe from the torment of the Fire (2:201)

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿٢٥٠﴾

Our Lord! Bestow on us endurance and make our foothold sure and give us help against those who reject faith. (2:250)

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا

Our Lord! Take us not to task if we forget or fall into error. (2:286)

رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا

Our Lord! Lay not upon us such a burden as You did lay upon those before us. (2:286)

رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۖ وَاعْفُ عَنَّا وَارْحَمْنَا

أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿٢٨٦﴾

Our Lord! Impose not on us that which we have not the strength to bear, grant us forgiveness and have mercy on us. You are our Protector. Help us against those who deny the truth. (2:286)



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